



BREAKFAST

SPECIALTIES

SEASONAL QUICHE A slice of our daily quiche, packed with seasonal ingredients. Served with mixed greens.	\$16
SAUSAGE MILK GRAVY BOWL A hearty bowl of our creamy sausage gravy, perfect for dipping biscuits or smothering your favorite breakfast items. Served over creamy grits.	\$14
GRANOLA PARFAIT Layers of local Outer Banks granola, Greek yogurt, and fresh berries, drizzled with honey.	\$12
SOUTHERN EGGS BENEDICT* A fluffy buttermilk biscuit topped with two poached eggs, smothered in creamy milk gravy and sausage crumbles.	\$17
FRIED CATFISH Served with two eggs any style and your choice of hash browns or grits and biscuits or toast.	\$16
CHICKEN FRIED STEAK Smothered in milk gravy and served with two eggs any style and your choice of hash browns or grits and biscuits or toast.	\$16
COUNTRY HAM Served with two eggs any style and your choice of hash browns or grits and biscuits or toast. Add redeye gravy for \$2.	\$14
AVOCADO TOAST Sourdough bread topped with guacamole, cherry tomatoes, and pickled red onions, topped with everything bagel seasoning and served with a fruit cup.	\$15
SHRIMP & GRITS Creamy buttery grits topped with sauteed shrimp, smoky bacon, sausage, onions and savory Southern-style sauce.	\$24

BREAKFAST PLATES

Served with two eggs any style with your choice of hash browns or grits and a buttermilk biscuit.

SAUSAGE PLATE	\$14
BACON PLATE	\$14
CHICKEN & GRAVY PLATE Choice of white meat or dark meat smothered in brown gravy.	\$16

OMELETS

Served with your choice of home fries, grits or fruit cup and a buttermilk biscuit.

EGG & CHEESE With sharp cheddar cheese.	\$16
BACON, EGG & CHEESE	\$16
SAUSAGE, EGG & CHEESE	\$16
HOUSE OMELET Sausage, tomato, onion, cheddar cheese.	\$17
VEGGIE OMELET Spinach, onions, tomatoes, mushrooms, sharp cheddar cheese.	\$14

BISCUITS & SANDWICHES

Served with your choice of home fries, grits or fruit cup.

BACON, EGG & CHEESE Bacon, egg and cheddar cheese.	\$10
SAUSAGE, EGG & CHEESE Sausage, egg and cheddar cheese.	\$10
FRIED CHICKEN Crispy fried chicken on a buttermilk biscuit.	\$12
FRIED CHICKEN & PIMENTO CHEESE Our boneless white meat chicken with melted pimento cheese.	\$14
THE CAROLINA SUNNY RISE Bacon, guacamole, lettuce, tomato and a sunny side up egg on a croissant.	\$16

PANCAKES & WAFFLES

PANCAKE STACK Three fluffy buttermilk pancakes served with warm maple syrup and whipped butter.	\$11
STRAWBERRY PANCAKES Three buttermilk pancakes with fresh strawberries and whipped cream.	\$13
BLUEBERRY PANCAKES Three buttermilk pancakes with farm fresh blueberries.	\$13
3-N-1 Waffle or pancakes served with two eggs any style and bacon or sausage.	\$17
CHICKEN AND WAFFLE Crispy fried chicken atop a golden Belgian waffle, served with maple syrup and whipped butter.	\$16
BANANA PUDDING We took our banana pudding recipe and turned it into breakfast! Featuring our cream custard with bananas and whipped cream.	\$16
STRAWBERRY, BLUEBERRIES AND CHOCOLATE CHIPS Three buttermilk pancakes loaded with strawberries, blueberries and chocolate chips.	\$15

BREAKFAST SIDES

1 PANCAKE \$4.5	TWO EGGS ANY STYLE \$4
COUNTRY HAM \$8	GRITS \$4
SAUSAGE PATTIES \$5	CHEESE GRITS \$4.5
3 STRIPS OF BACON \$5	FRUIT CUP \$4
HASH BROWNS \$4	OATMEAL \$8 With raisins, brown sugar, milk and butter.

BEVERAGES

ORANGE JUICE \$4	ICED STRAWBERRY MATCHA \$6
TOMATO JUICE \$4	ICED CARAMEL MATCHA \$6
COFFEE \$4	ICED MATCHA \$5
ICED COFFEE \$4	ICED COCONUT MATCHA \$6
MILK \$4	ICED CARAMEL LATTE \$6
ICED TEA \$3.5	ICED VANILLA LATTE \$6
HOT TEA \$4	ICED MOCHA LATTE \$6.5

(*) This symbol indicates that the menu item is offered raw or undercooked. Consuming raw or undercooked MEATS, POULTRY, seafood, shellfish, or EGGS may increase your RISK of foodborne illness. Please inform your server of any food allergies or dietary restrictions.